Recovery Dharma - Florida In-Person & Online Meetings List

Resource number: 67543511

A program of: Self-Help Support Groups Other Alternative Support Groups

Description

Self-Help Support Groups: Recovery Dharma

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Self-help is a critical part of the recovery process. Self-help groups can assist callers with the tools for recovery by providing support, direction, motivation, resources and a sense that they are not dealing with the gambling problem alone.

RECOVERY DHARMA

Recovery Dharma is a peer-led, non-profit organization that offers a Buddhist-inspired approach to recovery from addiction. It integrates Buddhist teachings and mindfulness practices with the Twelve Steps of recovery.

OUR PROGRAM

Recovery Dharma offers a trauma-informed, empowered approach to recovery based on Buddhist principles. Our program is peer-led and non-theistic. We welcome all those who wish to pursue recovery as part of our community.

The readings below highlight the practices of our program. Each concept provides an opportunity to deepen understanding, explore personal inquiry, and connect with others.

Recovery Dharma is founded on, and inspired by, Buddhism that originated in India and later on flourished in other regions of Asia (e.g., South Asia, East Asia, Southeast Asia, Central Asia). We deeply appreciate the Buddhist heritage that was protected and freely offered by the ancestors of these cultures.

OUR COMMUNITY

Recovery Dharma Global is a nonprofit organization that maintains a list of Recovery Dharma meetings, shares materials, and organizes events to explore and strengthen the Recovery Dharma program.

Recovery Dharma Sangha Groups are local members who join together to support each other on this path of recovery. Members form wise friendships, and organize gatherings such as weekly meetings, workshops and other events. Local Sangha Groups are autonomous. (self-governing).

Recovery Dharma Intersanghas are groups of groups. Sometimes they organize geographically, such as around a city or region. Other times they organize by topics of recovery, affinity groups or circles of interest. Intersanghas are autonomous. (self-governing).

HOW IS IT DIFFERENT FROM OTHER RECOVERY PROGRAMS?

Newcomers, old-timers, and health professionals are all talking about Recovery Dharma (RD). But what is it? Is it really so groundbreaking in the recovery world? Lets highlight the biggest differences from most of the traditional recovery programs.
All addictions, one program
Trauma-informed
Meditation in every meeting
Buddhist-inspired, not required
Higher Power not required
Youre empowerednot powerless
Compatible with other programs
Our spiritual principles include: Compassion, Kindness, Generosity
We strive for Inclusion, Diversity, Equity, Accessibility

Everyone Struggles

Who here has suffered? If anyone knows about suffering, its people affected by addictive habits. Weve tried to quit repeatedly, yet the cycle persists.
But theres hope. The Buddha saw a clear way out of the cycle of suffering and developed the Four Noble Truths, which are the foundation of our program. They summarize the causes of suffering but also a way of ending suffering.

Yet despite being called Truths, the Buddha famously told his followers not to blindly believe him! He said test them. Verify them. Only believe them once you directly experience them to be true. See if his teachings apply to you:

The Four Noble Truths

1. There is suffering
We experience suffering in this life.
2. There's a cause of suffering
We experience that craving, aversion, and ignorance lead to suffering.
3. There's a way of ending suffering
We experience that less craving, aversion, and ignorance leads to less suffering.
4. There's a path that leads to ending suffering
We cultivate and experience the path of recovery and awakening.
How did that check out for you? Because wed love to share with you the path we practice in our program. Its led many of us to freedom from our addictions.

So, How Does it Work?

This is a summary of what we practice, so you can get a feel for our entire program.
1. Renunciation (Honesty & Integrity):
We commit to abstinence from addictive substances. For our process addictions, we identify needs, set boundaries,

and practice self-care.
2. Meditation (Spirituality & Humility):
We commit to the intention of developing a daily meditation practice.
3. Meetings (Willingness & Service):
We attend meetings, actively participate, and become of service when possible.
4. The Path (Open-Mindedness & Discipline):
We deepen our understanding and practice of the Four Noble Truths and cultivate the Path to the ending of suffering.
5. Inventory (Courage & Awareness):
We transcend our addictive habits and heal the root causes of our suffering by writing & sharing in-depth detailed inquiries.
6. Community (Love & Connection):
We cultivate healthy relationships in our recovery community and we check-in with admirable friends to stay on the path.
7. Growth (Progress is Perfection):
We undertake a lifelong journey of growth & awakening.

Trauma-Informed Recovery

At Recovery Dharma, we learn to gently investigate the underlying causes of our substance and process addictions, which weve often found rooted in pain and trauma.
Our trauma-informed practice emphasizes compassion, non-judgment, and spaciousness to tenderly understand why we turned to our addictive habits for relief or survival.
We don't rely on motivators of shame and fear. This is a program of empowerment and we dont rely on anything other than our own potential to change and heal. We believe in our inner wisdom; that theres a pure seed of good in each of us that can always be nourished. This is the same seed that brought you to pick up and read this brochure.
In recovery, everyone deserves a chance and a choice. But regardless of the path or program chosen, we want every person suffering from addiction to be able to find the recovery program that meets their needs.
May all beings be free from suffering.

BEGINNERS GUIDE

This is a simple, step-by-step introduction to Recovery Dharma.
New to RD? Start at (1) and work your way up at your own speed. We are so glad you are here!
1. What is Recovery Dharma?
New to RD? Read this brochure as an introduction to Recovery Dharma. It explains our program in a helpful way that will make sense to newcomers.
recoverydharma.org/whatisit
2. What do we do in this program?
There are 7 essential ingredients that make up our program, outlined in The Practice. It concisely describes pretty much everything we do here to follow the path of recovery.
recoverydharma.org/the-practice
3. I'm ready to meet some community members. Where do I find a meeting?
Choose from hundreds of online, hybrid, and in-person meetings. Use the Type drop-down menu to find a certain meeting format, a meeting for specific identities groups, or topics.
recoverydharma.org/find-a-meeting
4. Where can I find the Recovery Dharma book?
The PDF, e-book, and audiobook versions of our book are free at the link below.
The paperback and kindle versions are available for purchase on Amazon via the link below.
recoverydharma.org/book
5. I'd like to start a regular meditation practice. Where do I start?
Our community has recorded several meditations that you can access here: recoverydharma.org/meditations
For beginners, the heart practice meditations can be highly effective, namely forgiveness and lovingkindness.

6. People asked if I wanted to be a part of an Inquiry Circle what is that?
Inquiry Circles are small closed groups who meet weekly with a goal of completing their inventories (investigation of the underlying causes of addictive behaviors). These groups offer mutual support, a schedule, momentum, accountability, friendships, co-mentorships, safety, and more. Some people like to do inquiries with a single mentor, some like to do them with an Inquiry Circle.

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Looking For More?

Begin here: https://recoverydharma.org/beginners

Get our book Free PDF or $10 paperback: https://recoverydharma.org/book

Meditate to guided recordings: https://recoverydharma.org/meditation

Join us for a meeting: https://recoverydharma.org/find-a-meeting

Affinity (Shared-Interest) meetings: https://recoverydharma.org/affinity

Email: info@recoverydharma.org

Website: https://recoverydharma.org

LIST OF FLORIDA RECOVERY DHARMA MEETINGS (IN-PERSON AND HYBRID):MONDAY

RD Orlando - On The Wise Path Inquiry & Investigation Circle Monday Night
7912 Forest City Rd #101, Orlando, FL 32810, USA
Orlando Sangha Monday Night Inquiry & Investigation Circle - Join us for a small group - Meditation, Inquiry Writing, Mentorship, and Open Discussion meeting.
Contact: recoverydharmaorlando@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=orlando-sangha-monday-night-inquiry-investigation-circle-join-us-for-a-small-group-meditation-inquiry-writing-mentorship-and-open-discussion
Meeting Type: In-Person, Inquiry Circle
Meeting Time: Monday 6:30 PM 8:00 PM EDT

TUESDAY

RD St. Petersburg (Pasadena) Tuesday Night
6501 1st Ave S, St. Petersburg, FL 33707, USA

Contact: rdgulfportfl@gmail.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-gulfport
Meeting Type: In-Person
Meeting Time: Tuesday 6:00 PM 7:00 PM EDT

RD Ocala - The Practice - Beginners Meeting (LGBTQIA+ Friendly) Tuesday Night
1009 NE 28th Ave, Ocala, FL 34470, USA
Contact: pesmitty06@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=rd-ocala-the-practice-beginners-meeting-lgbtqia-friendly-2
Meeting Type: In-Person, LGBTQ Meeting
Meeting Time: Tuesday 7:00 PM 8:00 PM EDT

RD Miami (at Miami Recovery Project) Tuesday Night
9360 Sunset Dr Suite 265, Miami, FL 33173, USA
Zoom Meeting Link: https://zoom.us/j/86519286972?pwd=aimjah8ZEAk8a9Xt2En3y1myFbbVhC
Zoom Meeting ID: 86519286972
Zoom Meeting Passcode: 760064
Contact: recoverydharmamia305@gmail.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-miami-recovery-project
Meeting Type: Hybrid (In-Person and Online)
Meeting Time: Tuesday 7:00 PM 8:00 PM EDT

RD Palm Beach / Delray Beach (at Crossroads Club) Tuesday Night
1700 Lake Ida Road. Delray Beach, FL USA
Contact: recoverydharmapalmbeach@gmail.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=crossroads-club-rooms-ab
Meeting Type: In-Person
Meeting Time: Tuesday 8:30 PM 9:30 PM EDT

WEDNESDAY

RD Hernando Wednesday Afternoon
2500 N Anvil Ct, Hernando, FL 34442, USA
Contact: joycetrawick84@yahoo.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-hernando
Meeting Type: In-Person
Meeting Time: Wednesday 4:30 PM 5:45 PM EDT

RD Jacksonville - River City Recovery Wednesday Night
2511 St Johns Bluff Rd S STE 106, Jacksonville, FL 32246, USA
Recurring on the 2nd, 3rd, and 4th Wednesday each month.
Contact: zensurfguy@proton.me
Website: https://recoverydharma.org/meetings/?region=florida&meeting=jacksonville-wednesdays
Meeting Type: In-Person
Meeting Time: Wednesday 6:30 PM 7:30 PM EDT

RD Orlando - Middle Way Sangha Wednesday Night
7912 Forest City Rd, Orlando, FL 32810, USA
Entrance located at back of parking lot/building.
Contact: rski754@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=rd-orlando-recovery-connections-of-central-florida
Meeting Type: In-Person
Meeting Time: Wednesday 7:00 PM 8:00 PM EDT

THURSDAY

RD Spring Hill (at NAMI Hernando Recovery Community Center) Thursday Afternoon
4034 Commercial Way, Spring Hill, FL 34606, USA
Contact: rccdirector@namihernando.org
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-hernado
Meeting Type: In-Person
Meeting Time: Thursday 1:00 PM 1:30 PM EDT

RD Jacksonville Thursday Afternoon
3811 Blanding Blvd, Jacksonville, FL 32210, USA
Zoom Meeting Link: https://zoom.us/j/85442083700
Zoom Meeting ID: 85442083700
Meditation, Book Study, and Open Discussion.
Contact: Jill, jill.jax@rebelrco.org
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-jacksonville
Meeting Type: Hybrid (In-Person and Online)
Meeting Time: Thursday 2:00 PM 3:00 PM EDT

RD Bunnell (at Flagler OARS) Beginners Meeting Thursday Afternoon
1 Enterprise Dr, Bunnell, FL 32110, USA
Open Beginners Meeting/Meditation/Topic discussion in rotating format.
Contact: Matthew, matthew@flagleroars.org
Website: https://recoverydharma.org/meetings/?region=florida&meeting=600-pm-et-rd-bunnell
Meeting Type: In-Person, Beginners Meeting

Meeting Time: Thursday 5:00 PM 6:00 PM EDT

RD St. Augustine (at Discover and Recover) Beginners Meeting Thursday Afternoon
3501 N Ponce De Leon Blvd C2, St. Augustine, FL 32084, USA
Zoom Meeting Link: https://us02web.zoom.us/j/89211803661
Zoom Meeting ID: 89211803661
Website: https://recoverydharma.org/meetings/?region=florida&meeting=recovery-dharma-at-discover-and-recover
Meeting Type: Hybrid (In-Person and Online), Beginners Meeting
Meeting Time: Thursday 5:00 PM 6:00 PM EDT

RD St. Petersburg Thursday Night
3803 Haines Rd N, St. Petersburg, FL 33703, USA
Parking lot is located on the North side of the church off 12th St. Go through the double doors, to the back right of the courtyard. Up the steps and first door on the left is the Rustin Room, where this meeting is held.
Contact: Chelle, chelle@sacredspacerecovery.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-st-petersburg
Meeting Type: In-Person
Meeting Time: Thursday 6:00 PM 7:00 PM EDT

RD Ocala - The Practice - Beginners Meeting (LGBTQIA+ Friendly) Thursday Night
1009 NE 28th Ave, Ocala, FL 34470, USA
Contact: pesmitty06@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=rd-ocala-the-practice-beginners-meeting-lgbtqia-friendly
Meeting Type: In-Person, LGBTQ Meeting
Meeting Time: Thursday 7:00 PM 8:00 PM EDT

FRIDAY

RD Pensacola (at Everman Co-op Community Center) Friday Morning
315 W. Garden St. Pensacola, FL 32502
Contact: jesrq@icloud.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=rd-pensacola-everman-co-op-community-center
Meeting Type: In-Person
Meeting Time: Friday 9:30 AM 10:30 AM EDT

RD Tampa LGBTQIA+ Friendly - Friday Night
308 E Dr Martin Luther King Jr Blvd, Tampa, FL 33603, USA
LGBTQIA+ Friendly, all are welcome.

Contact: Adam Bell, adambell5479@gmail.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-tampa
Meeting Type: In-Person, LGBTQ Meeting
Meeting Time: Friday 7:00 PM

SATUDAY

RD Palm Beach / Delray Beach (at Crossroads Club) Saturday Morning
1700 Lake Ida Road. Delray Beach, FL USA
Contact: recoverydharmapalmbeach@gmail.com
Website: https://recoverydharma.org/meetings/?region=florida&meeting=rd-palm-beach-delray-beach-crossroads-club
Meeting Type: In-Person
Meeting Time: Saturday 11:30 AM 12:30 PM EDT

RD Palm Beach / Delray Beach (at Crossroads Club) Inquiry Circle Saturday Afternoon
1700 Lake Ida Road. Delray Beach, FL USA
Inquiry Meeting following regular meeting. Inquiry Circles are small closed groups who meet weekly with a goal of completing their inventories (investigation of the underlying causes of addictive behaviors). These groups offer mutual support, a schedule, momentum, accountability, friendships, co-mentorships, safety, and more. Some people like to do inquiries with a single mentor, some like to do them with an Inquiry Circle.
Contact: recoverydharmapalmbeach@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=rd-palm-beach-delray-beach-crossroads-club-2
Meeting Type: In-Person, Inquiry Circle
Meeting Time: Saturday 12:30 PM 1:30 PM EDT

RD Orlando - Sangha 729 Beginners Meeting Saturday Afternoon
729 Thornton Ave, Orlando, FL 32803, USA
Beginners Meeting. Literature Based. Open to all who are interested in a Buddhist approach to recovery from all addictions!
Contact: recoverydharmaorlando@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=beginners-meeting-literature-based-open-to-all-who-are-interested-in-a-buddhist-approach-to-recovery-from-all-addictions
Meeting Type: In-Person, Beginners Meeting
Meeting Time: Saturday 4:00 PM 5:00 PM EDT

RD St. Petersburg Sacred Space (at Shambhala Center) Saturday Night
5901 Haines Rd N, St. Petersburg, FL 33714, USA
Website: https://recoverydharma.org/meetings/?region=florida&meeting=sacred-space-rd-st-petersburg
Meeting Type: In-Person
Meeting Time: Saturday 7:00 PM 8:00 PM EDT

SUNDAY

RD Fort Lauderdale @ Hm - Center for Embodied Awareness Sunday Afternoon
4901 NE 12th Ave. Oakland Park, FL
Zoom Meeting Link: https://us02web.zoom.us/j/5805631554
Zoom Meeting ID: 5805631554
Contact: recoverydharmasfl@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=rd-fort-lauderdale-hom-center-for-embodied-awareness
Meeting Type: Hybrid (In-Person and Online)
Meeting Time: Sunday 1:00 PM 2:00 PM EDT

RD Ocala Sunday Night
1009 NE 28th Ave, Ocala, FL 34470, USA
Phone Meeting Number: (352) 425-4531
Contact: pesmitty06@gmail.com
Website:
https://recoverydharma.org/meetings/?region=florida&meeting=open-to-all-3391-e-silver-springs-blvd-ocala-fl-530pm-beginners-mtg-6pm-regular-mtg-7pm-open-inquiry-group
Meeting Type: Hybrid (In-Person and Phone), Inquiry Circle
Meeting Time: Sunday 7:00 PM 8:00 PM EDT

LIST OF ONLINE RECOVERY DHARMA MEETINGS (VIRTUAL ONLY):MONDAY

RD Virtual - West Coast Wind Down Monday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=west-coast-wind-down-7
Meeting Type: Virtual
Meeting Time: Monday 1:00 AM 2:00 AM EDT

RD Virtual - Australia Online Monday Morning

Nationwide
Zoom Meeting Link: http://zoom.us/j/71163144099
Zoom Meeting ID: 71163144099
Zoom Meeting Password: Waiting Room
Contact: frederiksendaniel@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=thank-gotama-its-friday
Meeting Type: Virtual
Meeting Time: Monday 4:00 AM 5:00 AM EDT

RD Virtual Many Wise Friends Monday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rdo-sitting-group-5
Meeting Type: Virtual
Meeting Time: Monday 7:00 AM 8:00 AM EDT

RD Virtual Recovery Dharma Solace in Verse Monday Morning
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/87862823371?pwd=3mpIbFt4jaBl9sjmbeOVpFT9bU3D6w.1
Zoom Meeting ID: 87862823371
Zoom Meeting Password: 042595
Poetry reading (this meeting includes the reading of a poem related to recovery).
Contact: solaceinverse.rd@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=recovery-dharma-solace-in-verse
Meeting Type: Virtual
Meeting Time: Monday 7:00 AM 8:00 AM EDT

RD Virtual The Samatha Room (Chat & Silent Meditation - No Sharing) Monday Morning
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/6294541303?pwd=vTGGOz6CIJSxLox7yopAmZVZHxWVfM.1
Zoom Meeting ID: 6294541303
Zoom Meeting Password: 1234
Samatha refers to Meditation aimed at Calmness or tranquility. It is specifically focused on quieting the mind. Join us and achieve great states of calm and focus.
Contact: Mrlewoof@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=the-silent-room-sangha
Meeting Type: Virtual
Meeting Time: Monday 8:00 AM 9:00 AM EDT

RD Virtual DnD - Beginners Metta Monday - Daily Non-Dukkha Monday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD - Beginners Metta Monday - Daily Non-Dukkha
Contact: jomamadharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=dnd-beginners-metta-monday-daily-non-dukkha
Meeting Type: Virtual, Beginners Meeting
Meeting Time: Monday 9:00 AM 10:00 AM EDT

RD Virtual Monday Book Study - Eightfold Path Monday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
RDO Monday Book Study - Eightfold Path
Contact: recoverydharmaonline@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rdo-monday-book-study-eightfold-path
Meeting Type: Virtual
Meeting Time: Monday 9:00 AM 10:00 AM EDT

RD Virtual Dawn Metta - Portland, OR Monday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82387824951
Zoom Meeting ID: 82387824951
Zoom Meeting Password: 123456
Dawn Metta - Portland, OR
Contact: whitehurst@pobox.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=dawn-metta-portland-or
Meeting Type: Virtual
Meeting Time: Monday 10:00 AM 11:00 AM EDT

RD Virtual Renunciation Rodeo Global Sangha Monday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
Recovery Dharma book + more. Meets Monday, Tuesday, Friday. International friends welcome. (Out of the Mud

Intersangha).
Contact: outofthemudrdsangha@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=renunciation-rodeo-global-sangha-2
Meeting Type: Virtual
Meeting Time: Monday 12:00 PM 1:00 PM EDT

RD Virtual (90 min) RD Berlin Online - Literature Meeting Monday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/4939374385?pwd=dTBHVkFoOFBieS9wcmhtVzZvWVNCUT09
Zoom Meeting ID: 4939374385
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
(90 min) RD Berlin - Literature Meeting English
Contact: RecoveryDharmaBerlin@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=90-min-rd-berlin-literature-meeting-2
Meeting Type: Virtual
Meeting Time: Monday 3:00 PM 4:30 PM EDT

RD Virtual Recovery Dharma - English / Portuguese - LGBTQIAP+ and Allies Monday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/85044619335
Zoom Meeting ID: 85044619335
This is a bilingual meeting in English and Portuguese for LGBTQIA+ folks and our allies. Shares can be in either English or Portuguese, depending on each sangha member.
Contact: recoverydharmapteng@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=recovery-dharma-english-portuguese-lgbtqiap-and-allies-4
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Monday 5:00 PM 6:00 PM EDT

RD Virtual (90 min) RD Tampa Online (Extended 20+ Meditation Time) Monday Night
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/8616577308?pwd=NmhzYTdDeTVleXBWTjFhUDJEN2tzdz09
Zoom Meeting ID: 8616577308
Zoom Meeting Password: 122520
(90 min) Tampa meeting with extended 20+ meditation time.
Contact: TampaRecoveryDharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=90-min-tampa-meeting-with-extended-20-meditation-time-3
Meeting Type: Virtual
Meeting Time: Monday 6:30 PM 8:00 PM EDT

RD Virtual RD Charlotte Online Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/225440946?pwd=K0FGZkx1aVJ2UWFIMWtjdHRSL0NGUT09
Zoom Meeting ID: 225440946
Zoom Meeting Password: 1234
Contact: Jim Curtis, jim.curtis@protonmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rd-charlotte-online
Meeting Type: Virtual
Meeting Time: Monday 7:00 PM 8:00 PM EDT

RD Virtual WNY Mindful Recovery Online Beginners Meeting Monday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/6132756620
Zoom Meeting ID: 6132756620
Zoom Meeting Password: Mdz4h5
Newcomers Welcome. Book study.
Contact: wnymindfulrecovery@gmail.com, 716-867-0891
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=wny-mindful-recovery-online
Meeting Type: Virtual, Beginners Meeting
Meeting Time: Monday 7:30 PM 8:30 PM EDT

RD Virtual Online Beginners Meeting Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/874589910
Zoom Meeting ID: 874589910
Zoom Meeting Password: Waiting Room
Beginner's Meeting based out of New York City, NY.
Contact: outreach@rdnyc.org
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=beginners-meeting-3
Meeting Type: Virtual, Beginners Meeting
Meeting Time: Monday 7:45 PM 8:45 PM EDT

RD Virtual RD Boulder Online Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/989013371?pwd=RkhTa01HZFFZdHY1OE1zU3NYSGRkZz09
Zoom Meeting ID: 989013371
Zoom Meeting Password: 210375
Contact: Jane, boulderjane1@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rd-boulder-online
Meeting Type: Virtual
Meeting Time: Monday 8:00 PM 9:00 PM EDT

RD Virtual RD Winnipeg Online Monday Night
Nationwide
Zoom Meeting Link: https://us04web.zoom.us/j/248095896
Zoom Meeting ID: 248095896
Zoom Meeting Password: Recovery
Contact: recoverydharmawinnipeg@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rd-winnipeg
Meeting Type: Virtual
Meeting Time: Monday 8:00 PM 9:00 PM EDT

RD Virtual RD Family Support (90 min) Monday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/82046566211?pwd=aFZSbEwrWStYdjRBdEljdjdUek1CQT09
Zoom Meeting ID: 82046566211
Zoom Meeting Password: 311311
A meeting to support the family and friends of someone with substance / process addictions. (Out of the Mud Intersangha).
Contact: Hello@RecoveryDharmaFamily.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rd-family-support-75-min-2
Meeting Type: Virtual
Meeting Time: Monday 8:00 PM 9:30 PM EDT

RD Virtual LGBTQIA+ - Monday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/9558918359?pwd=K3N6MGJUSTI4ekJCWTZpNnA5d1lsUT09
Zoom Meeting ID: 9558918359
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rdo-lgbtqia-2
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Monday 8:30 PM 9:30 PM EDT

RD Virtual (75 min) RD Mental Health Awakening Minds Monday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/87231257242
Zoom Meeting ID: 87231257242
Zoom Meeting Password: Waiting Room
(6:00 PM PT) (75 min) RD Mental Health "Awakening Minds" **Must be signed into a free Zoom account**
Contact: Lotusinbloomrd@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=75-minrd-mental-health-awakening-minds-3
Meeting Type: Virtual

Meeting Time: Monday 9:00 PM 10:15 PM EDT

RD Virtual MEN / Non-Binary True Intimacy 3rd Precept (Love, Lust, Sex Dependency) Monday Night
Nationwide
Zoom Meeting Link: https://www.zoom.us/j/5553534554
Zoom Meeting ID: 5553534554
Zoom Meeting Password: 1234
Contact: hilbertspace1.6@protonmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=men-non-binary-true-intimacy-3rd-precept-love-lust-sex-dependency
Meeting Type: Virtual
Meeting Time: Monday 9:00 PM 10:00 PM EDT

RD Virtual RD East Bay Online Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/943249912?pwd=bmptOHhwL0N0SGhkcnhGOFB0Nlc3dz09
Zoom Meeting ID: 943249912
Zoom Meeting Password: 1234
Contact: recoverydharmaeastbay@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=east-bay-ca
Meeting Type: Virtual
Meeting Time: Monday 9:00 PM 10:00 PM EDT

RD Virtual Recovery Dharma Calgary Online Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/296005463?pwd=TDNtQWtlN1lBVXJ4TDRTWE9ISVVzQT09
Zoom Meeting ID: 296005463
Zoom Meeting Password: 761584
Study of the entire book, no password required if using the meeting link above.
Contact: RecoveryDharmaYYC@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=700-pm-mt-recovery-dharma-calgary-online
Meeting Type: Virtual
Meeting Time: Monday 9:00 PM 10:00 PM EDT

RD Virtual Yogi's On The Path *TONGLEN-Based Meditation Meeting * - Monday Night
Nationwide
Zoom Meeting Link:
https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09#success
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
Yogi's On The Path * TONGLEN-based meditation meeting * (Trauma-informed compassion building)

IMPORTANT TRAUMA NOTE: Tonglen practice can be DIFFICULT for those still suffering from heavy trauma.
Contact: tbehle83@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=yogis-on-the-path-tonglen-based-meditation-meeting-trauma-informed-compassion-building
Meeting Type: Virtual
Meeting Time: Monday 9:00 PM 10:00 PM EDT

RD Virtual 12 Step Sangha (Buddhist Recovery Group) Monday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/81411518858?pwd=FFHsZgI9rQpFeXYRAS9JCp2lGYTL63.1#success
Zoom Meeting ID: 81411518858
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
12 Step Sangha (Buddhist Recovery Group).
Contact: info@sactoinsight.org
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=12-step-sangha-buddhist-recovery-group
Meeting Type: Virtual
Meeting Time: Monday 9:30 PM 11:00 PM EDT

RD Virtual - San Rafael Online Monday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/88206954126
Zoom Meeting ID: 88206954126
Zoom Meeting Password: breath
Contact: falconer@vom.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rd-san-rafael-ca
Meeting Type: Virtual
Meeting Time: Monday 9:30 PM 10:30 PM EDT

RD Virtual - Our Practice Off the Pillow - Practice Group Monday Night
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/5620489534
Zoom Meeting ID: 5620489534
Group Topic: Mindful Living, Healthy Habits.
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=bringing-our-practice-off-the-pillow
Meeting Type: Virtual
Meeting Time: Monday 10:00 PM 11:00 PM EDT

RD Virtual - Phoenix Refuge in The Desert Online (Beginners Meeting) Monday Night
Nationwide

Zoom Meeting Link: http://zoom.us/j/82581529670?pwd=RDh4V21JbStFQ3VHNGF2aU9kOGI5QT09
Zoom Meeting ID: 82581529670
Zoom Meeting Password: 348348
Newcomer Orientation/Beginner meeting based out of Phoenix, AZ.
Contact: recoverydharmaarizona@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=newcomer-orientation-beginner-2
Meeting Type: Virtual, Beginners Meeting
Meeting Time: Monday 10:00 PM 11:00 PM EDT

RD Virtual - Santa Cruz Online Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/87898029584?pwd=NjN4YUYxWkk5bjFybDFHMnQzVGR0UT09
Zoom Meeting ID: 87898029584
Zoom Meeting Password: 123321
Contact: recoverydharmasc.facilitators@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=rd-santa-cruz-2
Meeting Type: Virtual
Meeting Time: Monday 10:00 PM 11:00 PM EDT

RD Virtual - Dharma Rain - Eightfold Path Study (Online) Monday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/81618872581
Zoom Meeting ID: 81618872581
Zoom Meeting Password: 123456
Contact: pdxintersangha@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=700-pm-pt-dharma-rain-eightfold-path-study-online
Meeting Type: Virtual
Meeting Time: Monday 10:00 PM 11:15 PM EDT

RD Virtual - Northstar RD - Daily Meeting Monday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688
Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=northstar-rd-daily-meeting-2
Meeting Type: Virtual
Meeting Time: Monday 11:00 PM Tuesday 12:15 AM EDT

TUESDAY

RD Virtual - West Coast Wind Down Tuesday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=tuesday&meeting=west-coast-wind-down-2
Meeting Type: Virtual
Meeting Time: Tuesday 1:00 AM 2:00 AM EDT

RD Virtual Recovery Dharma Solace in Verse Tuesday Morning
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/87862823371?pwd=3mpIbFt4jaBl9sjmbeOVpFT9bU3D6w.1
Zoom Meeting ID: 87862823371
Zoom Meeting Password: 042595
Poetry reading (this meeting includes the reading of a poem related to recovery).
Contact: solaceinverse.rd@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=tuesday&meeting=recovery-dharma-solace-in-verse-2
Meeting Type: Virtual
Meeting Time: Tuesday 7:00 AM 8:00 AM EDT

RD Virtual The Samatha Room (Chat & Silent Meditation - No Sharing) Tuesday Morning
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/6294541303?pwd=vTGGOz6CIJSxLox7yopAmZVZHxWVfM.1
Zoom Meeting ID: 6294541303
Zoom Meeting Password: 1234
Samatha refers to Meditation aimed at Calmness or tranquility. It is specifically focused on quieting the mind. Join us and achieve great states of calm and focus.
Contact: Mrlewoof@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=the-silent-room-silent-meditation-no-sharing
Meeting Type: Virtual
Meeting Time: Tuesday 8:00 AM 9:00 AM EDT

RD Virtual - Sitting Group Tuesday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344

Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=tuesday&meeting=rdo-sitting-group-6
Meeting Type: Virtual
Meeting Time: Tuesday 9:00 AM 10:00 AM EDT

RD Virtual DnD Speaker Meeting - Daily Non-Dukkha Tuesday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD Speaker Meeting - Daily Non-Dukkha
Contact: jomamadharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=dnd-speaker-meeting-daily-non-dukkha-2
Meeting Type: Virtual
Meeting Time: Tuesday 9:00 AM 10:00 AM EDT

RD Virtual Renunciation Rodeo Global Sangha Tuesday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
Recovery Dharma book + more. Meets Monday, Tuesday, Friday. International friends welcome. (Out of the Mud Intersangha).
Contact: outofthemudrdsangha@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=renunciation-rodeo-global-sangha-3
Meeting Type: Virtual
Meeting Time: Tuesday 12:00 PM 1:00 PM EDT

RD Virtual - (75 min) Letting Go Sangha, Pacifica Tuesday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/84231943989?pwd=TmhWMTgweGF5VFhBOU5UNXNJVmVKZz09
Zoom Meeting ID: 84231943989
Zoom Meeting Password: letgo
(75 min) Letting go of substances, anger, resentment, ill will, and shame. Cultivating metta, acceptance, compassion, and emptiness of self.
Contact: Stan, stan.loll@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=tuesday&meeting=75-min-letting-go-of-substances-anger-resentment-ill-will-and-shame-3
Meeting Type: Virtual
Meeting Time: Tuesday 12:00 PM 1:15 PM EDT

RD Virtual - (75 min) RD London (England UK) Tuesday Afternoon

Nationwide
Zoom Meeting Link: http://zoom.us/j/2716446105?pwd=NktZVGhXdEp6bDFVNlRNekd5eEVJUT09
Zoom Meeting ID: 2716446105
Zoom Meeting Password: 1234
Contact: recoverydharmalondon@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-rd-london-england-uk
Meeting Type: Virtual
Meeting Time: Tuesday 3:00 PM 4:00 PM EDT

RD Virtual - MEN: Brothers in RD (BIRD) Tuesday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/9558918359?pwd=K3N6MGJUSTI4ekJCWTZpNnA5d1lsUT09
Zoom Meeting ID: 9558918359
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-men-brothers-in-rd-bird-3
Meeting Type: Virtual
Meeting Time: Tuesday 4:00 PM 5:00 PM EDT

RD Virtual Recovery Dharma - English / Portuguese - LGBTQIAP+ and Allies Tuesday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/85044619335
Zoom Meeting ID: 85044619335
60-minute meeting with introductory readings in English (for now, though wed like to translate them to Portuguese soon), and then shares will be either Portuguese or English, thats up to each sangha member individually.
Contact: rst.pablo@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=recovery-dharma-english-portuguese-lgbtqiap-and-allies-2
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Tuesday 5:00 PM 6:00 PM EDT

RD Virtual - Meditation / RD Book Reading / Discussion Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/86528527788?pwd=ajZBM3lvNTlvNm5VT3o0U0tmSzBIUT09
Zoom Meeting ID: 86528527788
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
Contact: gpransky@aol.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=meditation-rd-book-reading-discussion
Meeting Type: Virtual
Meeting Time: Tuesday 6:00 PM 7:00 PM EDT

RD Virtual - (75 min) Online Meeting (First Tuesday of the Month Only) Tuesday Night
Nationwide

Zoom Meeting Link: http://zoom.us/j/83521606075
Zoom Meeting ID: 83521606075
Zoom Meeting Password: Waiting Room
(75 min) NOTE: (First Tuesdays of the Month) ONLY | a Pragmatic Buddhist approach to recovery.
Contact: John, johnszcpa@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-note-first-tuesdays-of-the-month-only-a-pragmatic-buddhist-approach-to-recovery
Meeting Type: Virtual
Meeting Time: Tuesday 7:00 PM 8:15 PM EDT

RD Virtual - RD Eastern Mass Online Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/84123812665?pwd=REFRQWR5UlhEZit4ZzdvY2F6YTArZz09
Zoom Meeting ID: 84123812665
Zoom Meeting Password: 865923
RD Eastern Mass Topic discussion.
Contact: recoverydharmaeasternmass@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-eastern-mass
Meeting Type: Virtual
Meeting Time: Tuesday 7:00 PM 8:00 PM EDT

RD Virtual - RD Plymouth Young Adult Meeting Tuesday Night
Nationwide
Zoom Meeting Link: https://baystatecs-org.zoom.us/j/88638763546?pwd=M1R3WWxoTE1rZDZUUitMeE85cUJTdz09
Zoom Meeting ID: 88638763546
Zoom Meeting Password: 996218
Young Adult (18-25) RD
Contact: psmith@baystatecs.org
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-plymouth-young-adult-meeting
Meeting Type: Virtual, Young Adult Meeting
Meeting Time: Tuesday 7:00 PM 8:00 PM EDT

RD Virtual - Denver Online Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/695483431
Zoom Meeting ID: 695483431
Zoom Meeting Password: 5280
Contact: mforrestbell@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=health-meeting-denver-co
Meeting Type: Virtual
Meeting Time: Tuesday 7:30 PM 8:30 PM EDT

RD Virtual - Flowering Lotus Meditation Tuesday Night

Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/81433309237
Zoom Meeting ID: 81433309237
Contact: mforrestbell@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-flowering-lotus-meditation
Meeting Type: Virtual
Meeting Time: Tuesday 7:30 PM 8:30 PM EDT

RD Virtual - Orlando Online Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/87073646141
Zoom Meeting ID: 87073646141
Zoom Meeting Password: 407321
Contact: yoga4addictions@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=orlando-fl
Meeting Type: Virtual
Meeting Time: Tuesday 7:30 PM 8:30 PM EDT

RD Virtual - Corpus Christi Zoom Meeting Tuesday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/85647258410
Zoom Meeting ID: 85647258410
Zoom Meeting Password: 629662
Regular RD Meeting Format.
Contact: jmcarter361@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=corpus-christi-zoom-meeting
Meeting Type: Virtual
Meeting Time: Tuesday 8:00 PM 9:00 PM EDT

RD Virtual - Costa Rica Online Tuesday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/84771123394
Zoom Meeting ID: 84771123394
Regular RD Meeting Format.
Recovery Dharma Ojochal, Costa Rica Recovery Dharma Text 2.0 meeting CAMERA ON meeting - cameras required to on during the meeting, except meditation.
Contact: Michael Christensen, michaelchristensen236@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=recovery-dharma-ojochal-costa-rica-recovery-dharma-text-2-0-meeting-camera-on-meeting-cameras-required-to-on-during-the-meeting-except-meditation
Meeting Type: Virtual
Meeting Time: Tuesday 8:00 PM 9:00 PM EDT

RD Virtual Rainbow RD Tuesday (Open to LGBTQIA+ Only) - Tuesday Night

Nationwide
Zoom Meeting Link: https://zoom.us/j/88119678286?pwd=bktZd3BBcVVNcG9GYW9EbGdSK1ZtQT09
Zoom Meeting ID: 88119678286
Zoom Meeting Password: 910255
Rainbow RD Tuesday (Open to LGBTQIA+ Only).
Contact: rainbowrecoverydharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rainbow-rd-tuesday-2
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Tuesday 8:00 PM 9:15 PM EDT

RD Virtual - SoCal Online Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/7060899678?pwd=Y2QwdTRucG1iNEFHUmorNWt4VFRmdz09
Zoom Meeting ID: 7060899678
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
The SoCal RD Group, Irvine, CA.
Contact: benmate@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=the-socal-rd-group
Meeting Type: Virtual
Meeting Time: Tuesday 9:00 PM 10:00 PM EDT

RD Virtual - REUNIÓN DE DHARMA DE RECUPERACIÓN (Spanish Language) Tuesday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/88085092647
Zoom Meeting ID: 88085092647
Zoom Meeting Password: 1234
REUNIÓN DE DHARMA DE RECUPERACIÓN (Spanish Affinity Sangha: Sangha de hispanohablantes).
Contact: dharmaderecuperacion@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=reunion-de-dharma-de-recuperacion
Meeting Type: Virtual, Spanish Language
Meeting Time: Tuesday 9:00 PM 10:00 PM EDT

RD Virtual - Wise Effort Group (HealthCare Professions) Tuesday Night
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/85750226759
Zoom Meeting ID: 85750226759
Zoom Meeting Password: 0001
Wise Effort Group (HealthCare Professions). For those with Recovery-Related Livelihood. (Peer workers, Social workers, Therapists, etc).
Contact: recerik@pm.me
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=wise-effort-group-healthcare-professions-2
Meeting Type: Virtual, Professionals Meeting
Meeting Time: Tuesday 9:00 PM 10:00 PM EDT

RD Virtual - WOMEN of RD (WORD-OS) Tuesday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/2741220236?pwd=U2ptN3MrZ1BJaThXYmdPZE1nalQvdz09
Zoom Meeting ID: 2741220236
Zoom Meeting Password: 1234
Contact: womenofrd@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-women-of-rd-word-os-4
Meeting Type: Virtual, Womens Meeting
Meeting Time: Tuesday 9:00 PM 10:00 PM EDT

RD Virtual MEN / Non-Binary True Intimacy 3rd Precept (Love, Lust, Sex Dependency) Tuesday Night
Nationwide
Zoom Meeting Link: https://www.zoom.us/j/5553534554
Zoom Meeting ID: 5553534554
Zoom Meeting Password: 1234
Contact: rdwestla@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=men-nb-true-intimacy-3rd-precept-love-lust-sex-dependency
Meeting Type: Virtual
Meeting Time: Tuesday 9:00 PM 10:00 PM EDT

RD Virtual - Scottsdale Online Tuesday Night
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/89579262809?pwd=N0FNVWlLcGp2Nm85bDZ3OFFzd1lKQT09
Zoom Meeting ID: 89579262809
Zoom Meeting Password: LawAdvice1
You will be in waiting room. Be patient for entry, especially if trying after the start time - If having problem, email guybusy@cox.net.
Contact: guybusy@cox.net
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-scottsdale-az-730-845pm-arizona-time
Meeting Type: Virtual
Meeting Time: Tuesday 9:30 PM 10:45 PM EDT

RD Virtual - Sonoma County Sangha Online Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/4773976247
Zoom Meeting ID: 4773976247
Zoom Meeting Password: SRSangha
Contact: Anne, anne9honey@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-sonoma-county-sangha-2
Meeting Type: Virtual
Meeting Time: Tuesday 9:30 PM 10:30 PM EDT

RD Virtual - Inquiry Meeting Tuesday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/9710824472
Zoom Meeting ID: 9710824472
Contact: aravencroft@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-inquiry-meeting
Meeting Type: Virtual, Inquiry Circle
Meeting Time: Tuesday 10:00 PM 11:00 PM EDT

RD Virtual - Beacon Hill Online Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/2322664455?pwd=bHVPeDRpTi8zelpEVGxxN1RSTldtdz09
Zoom Meeting ID: 2322664455
Zoom Meeting Password: sati
Contact: recoverydharma.beaconhill@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-rd-beacon-hill
Meeting Type: Virtual
Meeting Time: Tuesday 10:00 PM 11:30 PM EDT

RD Virtual - Taking the Practice Off the Pillow - Practice Group Tuesday Night
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/5620489534
Zoom Meeting ID: 5620489534
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=taking-the-practice-off-the-pillow-practice-group
Meeting Type: Virtual
Meeting Time: Tuesday 10:00 PM 11:30 PM EDT

RD Virtual MEN / Candlelight Meeting / Portland OR- Tuesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/83196767748?pwd=MEJBb04rS3IzMnJaWVZZbkZ3emU3QT09
Zoom Meeting ID: 83196767748
Zoom Meeting Password: 123456
MEN / Men's Candlelight Meeting / Portland OR
Contact: bcarus@comcast.net
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=men-mens-candlelight-meeting-portland-or
Meeting Type: Virtual
Meeting Time: Tuesday 11:00 PM Wednesday 12:00 AM EDT

RD Virtual - Northstar RD - Daily Meeting Tuesday Night
Nationwide

Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688
Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=none
Meeting Type: Virtual
Meeting Time: Tuesday 11:00 PM Wednesday 12:15 AM EDT

WEDNESDAY

RD Virtual - West Coast Wind Down Wednesday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=wednesday&meeting=west-coast-wind-down-3
Meeting Type: Virtual
Meeting Time: Wednesday 1:00 AM 2:00 AM EDT

RD Virtual Many Wise Friends Wednesday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: http://recoverydharma.org/meetings/?region=online-only&weekday=wednesday&meeting=rdo-sitting-group
Meeting Type: Virtual
Meeting Time: Wednesday 7:00 AM 8:00 AM EDT

RD Virtual Recovery Dharma Solace in Verse Wednesday Morning
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/87862823371?pwd=3mpIbFt4jaBl9sjmbeOVpFT9bU3D6w.1
Zoom Meeting ID: 87862823371
Zoom Meeting Password: 042595
Poetry reading (this meeting includes the reading of a poem related to recovery).
Contact: solaceinverse.rd@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=wednesday&meeting=recovery-dharma-solace-in-verse-3
Meeting Type: Virtual
Meeting Time: Wednesday 7:00 AM 8:00 AM EDT

RD Virtual - RD Wild Life PARCs Online Wednesday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/85219513961?pwd=N2laZ1JvbkV2eVN6dDZQU2dpWXdqZz09
Zoom Meeting ID: 85219513961
Zoom Meeting Password: xB8WPe
(30 min) Wild Life PARCs (Prevention and Recovery Centers). 20 Minutes of Silence - Wednesdays @ 7am Eastern. Doors Open in Silence and Doors Close in Silence. HeadQuarters: Lake Murray (Station #1) SC USA.
Contact: gnarcans@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=30-min-wild-life-parcs-prevention-and-recovery-centers
Meeting Type: Virtual
Meeting Time: Wednesday 7:00 AM 8:00 AM EDT

RD Virtual The Samatha Room (Chat & Silent Meditation - No Sharing) Wednesday Morning
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/6294541303?pwd=vTGGOz6CIJSxLox7yopAmZVZHxWVfM.1
Zoom Meeting ID: 6294541303
Zoom Meeting Password: 1234
Samatha refers to Meditation aimed at Calmness or tranquility. It is specifically focused on quieting the mind. Join us and achieve great states of calm and focus.
Contact: Mrlewoof@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=the-silent-room-silent-meditation-no-sharing-2
Meeting Type: Virtual
Meeting Time: Wednesday 8:00 AM 9:00 AM EDT

RD Virtual DnD Wellness Wednesday - Daily Non-Dukkha Wednesday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD Wellness Wednessday - Daily Non-Dukkha
Contact: jomamadharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=dnd-wellness-wednesday-daily-non-dukkha
Meeting Type: Virtual
Meeting Time: Wednesday 9:00 AM 10:00 AM EDT

RD Virtual - Peaceful Harmony with Food Meditation Sangha (Mindful Eating) Wednesday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/87280741586?pwd=VlRBZGNMK0FTN0U4WmQ3b2dQekhLUT09
Zoom Meeting ID: 87280741586

Zoom Meeting Password: 1111
Peaceful Harmony with Food Meditation Sangha (Mindful Eating). Topic - Mindful Eating.
Contact: dharmaharmonywithfood@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=peaceful-harmony-with-food-meditation-sangha-mindful-eating
Meeting Type: Virtual
Meeting Time: Wednesday 10:00 AM 11:00 AM EDT

RD Virtual - RD Open Discussion Wednesday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/91682152965
Zoom Meeting ID: 91682152965
RD Book Study, NJ.
Contact: ayennella@mhanj.org
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-book-study-nj
Meeting Type: Virtual
Meeting Time: Wednesday 11:00 AM 12:00 PM EDT

RD Virtual - RD San Francisco Online Wednesday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/6787421497?pwd=UlIzRTdPczZjdjZEUUZtdUNvTHlHUT09
Zoom Meeting ID: 6787421497
Zoom Meeting Password: 1234
RD San Francisco, CA
Contact: recoverydharmasf@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-san-francisco-ca
Meeting Type: Virtual
Meeting Time: Wednesday 11:00 AM 12:00 PM EDT

RD Virtual MEN / Non-Binary True Intimacy 3rd Precept (Love, Lust, Sex Dependency) Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/5553534554?pwd=SmU5MlVQM0lGQ3d6VXVzVW5MOEpiUT09
Zoom Meeting ID: 5553534554
Zoom Meeting Password: 1234
Contact: jebalchu@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=new-men-nb-true-intimacy
Meeting Type: Virtual
Meeting Time: Wednesday 12:00 PM 1:00 PM EDT

RD Virtual Book Study Wednesday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344

Zoom Meeting Password: 1234
RDO Book Study
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-book-study
Meeting Type: Virtual
Meeting Time: Wednesday 1:00 PM 2:00 PM EDT

RD Virtual (45 min) RD East Bay with Oakland Kaiser Online Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/288342104?pwd=SEZ1Y0lBS0NFeWQ0MXp1bXJYUURFUT09
Zoom Meeting ID: 288342104
Zoom Meeting Password: 1234
Contact: isaac.j.dye@gmail.com
Website: http://recoverydharma.org/meetings/?region=online-only&meeting=45-min-rd-east-bay-with-oakland-kaiser
Meeting Type: Virtual
Meeting Time: Wednesday 1:15 PM 2:00 PM EDT

RD Virtual - MEN: Brothers in RD (BIRD) Wednesday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/9558918359?pwd=K3N6MGJUSTI4ekJCWTZpNnA5d1lsUT09
Zoom Meeting ID: 9558918359
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-men-brothers-in-rd-bird-2
Meeting Type: Virtual
Meeting Time: Wednesday 3:00 PM 4:00 PM EDT

RD Virtual Family Support - Closed Inquiry Group (Register to Join) Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82046566211
Zoom Meeting ID: 82046566211
Zoom Meeting Password: (Register to Join: https://forms.gle/16p69rpuU8Jzv2Mv8)
Closed Inquiry for RD Family Support. An exploration into ourselves as Family, Friends and Allies. (Out of the Mud Intersangha).
Contact: Hello@RecoveryDharmaFamily.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=closed-inquiry-for-rd-family-support-2
Meeting Type: Virtual, Inquiry Circle
Meeting Time: Wednesday 3:00 PM 4:30 PM EDT

RD Virtual - Healing from Trauma and Attachment Injury Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/88617062738?pwd=O8fzQaa18liHEHbMlbjWWbkeeQJMt7.1
Zoom Meeting ID: 88617062738
Zoom Meeting Password: 1234

RD San Francisco, CA
Contact: T. Kalinosky, t.kalinosky@comcast.net
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=healing-from-trauma-and-attachment-injury
Meeting Type: Virtual
Meeting Time: Wednesday 4:00 PM 5:00 PM EDT

RD Virtual - Healing from Trauma and Attachment Injury Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/88617062738?pwd=O8fzQaa18liHEHbMlbjWWbkeeQJMt7.1
Zoom Meeting ID: 88617062738
Zoom Meeting Password: 1234
RD San Francisco, CA
Contact: T. Kalinosky, t.kalinosky@comcast.net
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=healing-from-trauma-and-attachment-injury
Meeting Type: Virtual
Meeting Time: Wednesday 4:00 PM 5:00 PM EDT

RD Virtual Recovery Dharma - English / Portuguese - LGBTQIAP+ and Allies Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/85044619335
Zoom Meeting ID: 85044619335
This is a bilingual meeting in English and Portuguese for LGBTQIA+ folks and our allies. Shares can be in either English or Portuguese, depending on each sangha member.
Contact: rst.pablo@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=recovery-dharma-english-portuguese-lgbtqiap-and-allies-6
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Wednesday 5:00 PM 6:00 PM EDT

RD Virtual - RD BIPOC (BIPOC ONLY) Black, Indigenous, People of Color Wednesday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/9558918359?pwd=K3N6MGJUSTI4ekJCWTZpNnA5d1lsUT09
Zoom Meeting ID: 9558918359
Zoom Meeting Password: 1234
Contact: rdbipoc@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-bipoc-bipoc-only-black-indigenous-people-of-color-2
Meeting Type: Virtual, BIPOC Meeting
Meeting Time: Wednesday 5:30 PM 6:30 PM EDT

RD Virtual - 3 Jewels Recovery: 2SLGBTQ+ and Allies Wednesday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/3807892339?pwd=cEhtVVNHNUdVcGNQY1hrdFQrZlpGdz09
Zoom Meeting ID: 3807892339
Zoom Meeting Password: 4MvyEt
2SLGBTQ+ and allies. 3 Jewels Recovery. Toronto, Ontario. Canada
Contact: 3jewelsrecovery@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=2slgbtq-and-allies-3-jewels-recovery-toronto-ontario-canada
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Wednesday 6:00 PM 7:00 PM EDT

RD Virtual - Healthcare Professionals (Every 4th Wednesday of the Month) Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/5248526604?pwd=SEEwMmRjdlBPR21mUm5QaFpJTTA4QT09
Zoom Meeting ID: 5248526604
Zoom Meeting Password: u5g8Bv
Healthcare Professionals (Every 4th Wednesday of the Month)
Contact: hcprecoverydharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=healthcare-professionals-every-4th-wednesday-of-the-month-2
Meeting Type: Virtual, Professionals Meeting
Meeting Time: Wednesday 6:00 PM 7:00 PM EDT

RD Virtual Book Study (Inquiry Circle) Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/8785986828
Zoom Meeting ID: 8785986828
Zoom Meeting Password: WHRC8e
Lets Do Inquiries!
Contact: Hubbydogme@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-lets-do-interrogatories
Meeting Type: Virtual, Inquiry Circle
Meeting Time: Wednesday 6:00 PM 7:00 PM EDT

RD Virtual Prevention Links Weekly RD Meeting Wednesday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/82244766757?pwd=YbddmVbeK59qZ7A9xZFSAPJ7u9IVyd.1
Zoom Meeting ID: 82244766757
Zoom Meeting Password: Waiting Room
Contact: V. Santana, vsantana@preventionlinks.org
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=prevention-links-weekly-rd-meeting
Meeting Type: Virtual
Meeting Time: Wednesday 6:00 PM 7:00 PM EDT

RD Virtual RD South Florida (Miami) Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/7966607842
Zoom Meeting ID: 7966607842
Zoom Meeting Password: Waiting Room
RD SFL (Dharma Meditation and Buddhist Literature Discussion - ALL-INCLUSIVE SAFE SPACE).
Contact: Recoverydharmamiami@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-sfl-dharma-meditation-and-buddhist-literature-discussion
Meeting Type: Virtual
Meeting Time: Wednesday 6:30 PM 7:30 PM EDT

RD Virtual Lotus in Bloom Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/5614025815
Zoom Meeting ID: 5614025815
Contact: Mykee, lotusinbloomrd@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=lotus-in-bloom
Meeting Type: Virtual
Meeting Time: Wednesday 7:00 PM 8:00 PM EDT

RD Virtual - (75 min) Letting Go Sangha, Pacifica Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/84231943989?pwd=TmhWMTgweGF5VFhBOU5UNXNJVmVKZz09
Zoom Meeting ID: 84231943989
Zoom Meeting Password: letgo
(75 min) Letting go of substances, anger, resentment, ill will, and shame. Cultivating metta, acceptance, compassion, and emptiness of self.
Contact: Stan, stan.loll@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-letting-go-of-substances-anger-resentment-ill-will-and-shame
Meeting Type: Virtual
Meeting Time: Wednesday 7:00 PM 8:15 PM EDT

RD Virtual Cambridge / Somerville, Massachusetts RD Wednesday Night
Nationwide
Zoom Meeting Link:
https://zoom.us/j/500647503?pwdTmRLUml4VGErK2pGWnV1SnhxYW5JUT09&sa=D&source=editors&ust=1692305396699424&usg=AOvVaw0F9KZdyfZQIhSPkezGsxap
Zoom Meeting ID: 500647503
Zoom Meeting Password: sangha

Contact: jayh3287@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=cambridge-somerville-rd-massachusetts
Meeting Type: Virtual
Meeting Time: Wednesday 7:30 PM 8:30 PM EDT

RD Virtual Heart of Recovery Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/736945742
Zoom Meeting ID: 736945742
Zoom Meeting Password: BSMC
Contact: Christopher Tims, christophertims04@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=heart-of-recovery
Meeting Type: Virtual
Meeting Time: Wednesday 8:00 PM 9:00 PM EDT

RD Virtual RD Chicago Online - The Path to Heartfulness Wednesday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/148402861#success
Zoom Meeting ID: 148402861
Contact: recoverydharmachicago@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-chicago-new-town-alano
Meeting Type: Virtual
Meeting Time: Wednesday 8:00 PM 9:00 PM EDT

RD Virtual Rainbow RD Wednesday Inquiry Meeting (LGBTQIA+ Only) Wednesday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/86802706641?pwd=9UF4USK382fzHaD7TBqKCW2ei99SZ6
Zoom Meeting ID: 86802706641
This is a meeting where we set aside time to work on inquiry questions and then share on those inquiry questions or on whatever is on our hearts and minds. This meeting is open to the LGBTQIA+ community only.
Contact: rainbowrecoverydharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rainbow-rd-tuesday-2
Meeting Type: Virtual, Inquiry Circle, LGBTQ Meeting
Meeting Time: Wednesday 8:00 PM 9:30 PM EDT

RD Virtual Meeting Hosted by Buddhist Recovery Network (1st Wednesday of the Month Only) Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/81326534832?pwd=TUxXT2pib0I3Q2Zmdmh1cWJiMDVudz09
Zoom Meeting ID: 81326534832
Zoom Meeting Password: 501497
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
RD Meeting (Hosted by BRN) on the 1st Wednesdays of each month only.
Contact: Vanessa, vanessa@recoverydharma.org
Website:

https://recoverydharma.org/meetings/?region=online-only&weekday=monday&meeting=12-step-sangha-buddhist-recovery-group
Meeting Type: Virtual
Meeting Time: Wednesday 8:30 PM 9:30 PM EDT

RD Virtual RD Hard Beauty Online Wednesday Night
Nationwide
Zoom Meeting Link: http://hardbeauty-life.zoom.us/meeting/register/tZ0rcu-qqDsiHNQYC48xkUvHUPtBgQvgkPas
Zoom Meeting ID: (Register at the link above)
Contact: c23cruz@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=hard-beauty-rd-840-kinner-street-castle-rock-co-80109
Meeting Type: Virtual
Meeting Time: Wednesday 8:30 PM 9:30 PM EDT

RD Virtual Buddhist Ethics & The Precepts Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/86432880664?pwd=TzBZdDFoNDFtK1JJdWxHMGd4OEw3dz09
Zoom Meeting ID: 86432880664
Zoom Meeting Password: 654321
Contact: eca83stray@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=buddhist-ethics-the-precepts-2
Meeting Type: Virtual
Meeting Time: Wednesday 9:00 PM 10:00 PM EDT

RD Virtual RD Walnut Creek - Kaiser CDRP Online Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/96616640654?pwd=KzYxNnUvMUYxQVpxdnFvajJZeVJhUT09
Zoom Meeting ID: 96616640654
Zoom Meeting Password: 1234
Contact: rcrdds1957@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=kaiser-cdrp-walnut-creek-ca
Meeting Type: Virtual
Meeting Time: Wednesday 9:30 PM 10:30 PM EDT

RD Virtual (75 min) Cling Free RD Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/97063130728
Zoom Meeting ID: 97063130728
Zoom Meeting Password: Moksha22
Contact: clingfreeRD@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-cling-free-rd
Meeting Type: Virtual

Meeting Time: Wednesday 10:00 PM 11:15 PM EDT

RD Virtual - Northstar RD - Daily Meeting Wednesday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688
Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=northstar-rd-daily-meeting-3
Meeting Type: Virtual
Meeting Time: Wednesday 11:00 PM Thursday 12:15 AM EDT

THURSDAY

RD Virtual - West Coast Wind Down Thursday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=thursday&meeting=west-coast-wind-down
Meeting Type: Virtual
Meeting Time: Thursday 1:00 AM 2:00 AM EDT

RD Virtual Recovery Dharma Solace in Verse Thursday Morning
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/87862823371?pwd=3mpIbFt4jaBl9sjmbeOVpFT9bU3D6w.1
Zoom Meeting ID: 87862823371
Zoom Meeting Password: 042595
Poetry reading (this meeting includes the reading of a poem related to recovery).
Contact: solaceinverse.rd@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=thursday&meeting=recovery-dharma-solace-in-verse-4
Meeting Type: Virtual
Meeting Time: Thursday 7:00 AM 8:00 AM EDT

RD Virtual RD Chicago: Codependency - Wise Intentions - Wise Boundaries Thursday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/81591940384?pwd=L09WcGYzY2hqYzcvZWtMMllKdnhYdz09
Zoom Meeting ID: 81591940384
Zoom Meeting Password: 352671
Contact: recoverydharmachicago@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=codependency-wise-intentions-wise-boundaries-rd-chicago-focusing-particularly-on-issues-around-codependency-all-are-welcome-to-come-explore-setting-and-maintain-2

Meeting Type: Virtual
Meeting Time: Thursday 7:45 AM 8:45 AM EDT

RD Virtual The Samatha Room (Chat & Silent Meditation - No Sharing) Thursday Morning
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/6294541303?pwd=vTGGOz6CIJSxLox7yopAmZVZHxWVfM.1
Zoom Meeting ID: 6294541303
Zoom Meeting Password: 1234
Samatha refers to Meditation aimed at Calmness or tranquility. It is specifically focused on quieting the mind. Join us and achieve great states of calm and focus.
Contact: Mrlewoof@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=the-silent-room-silent-meditation-no-sharing-3
Meeting Type: Virtual
Meeting Time: Thursday 8:00 AM 9:00 AM EDT

RD Virtual RDO Sitting Group Thursday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-sitting-group-2
Meeting Type: Virtual
Meeting Time: Thursday 9:00 AM 10:00 AM EDT

RD Virtual DnD Book Study - Daily Non-Dukkha Thursday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD Book Study - Daily Non-Dukkha
Contact: jomamadharma@gmail.com

Website: https://recoverydharma.org/meetings/?region=online-only&meeting=dnd-book-study-daily-non-dukkha
Meeting Type: Virtual
Meeting Time: Thursday 9:00 AM 10:00 AM EDT

RD Virtual No Mud, No Lotus Thursday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/95555482224
Zoom Meeting ID: 95555482224
Zoom Meeting Password: Waiting Room
Contact: johnszcpa@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=no-mud-no-lotus
Meeting Type: Virtual
Meeting Time: Thursday 12:00 PM 1:00 PM EDT

RD Virtual - (75 min) Letting Go Sangha, Pacifica Thursday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/84231943989?pwd=TmhWMTgweGF5VFhBOU5UNXNJVmVKZz09
Zoom Meeting ID: 84231943989
Zoom Meeting Password: letgo
(75 min) Letting go of substances, anger, resentment, ill will, and shame. Cultivating metta, acceptance, compassion, and emptiness of self.
Contact: Stan, stan.loll@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-letting-go-of-substances-anger-resentment-ill-will-and-shame-2
Meeting Type: Virtual
Meeting Time: Thursday 12:00 PM 1:15 PM EDT

RD Virtual RD Mental Health Thursday Afternoon
Nationwide
Zoom Meeting Link: https://smartrecovery.zoom.us/meeting/register/ucP2JBMqScurdRyqiyfvUQ
Zoom Meeting ID: (register at link above)
Contact: Stephanie Tillotson, stephanie.tillotson@lfn.band
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-mental-health
Meeting Type: Virtual
Meeting Time: Thursday 12:30 PM 2:00 PM EDT

RD Virtual RDO Book Study Meeting Thursday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
RDO Book Study Meeting
Contact: recoverydharmaonline@gmail.com

Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-book-study-meeting
Meeting Type: Virtual
Meeting Time: Thursday 3:00 PM 4:00 PM EDT

RD Virtual Beginners and Core Concepts (Out of the Mud Intersangha) Thursday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
Core Concepts (Out of the Mud Intersangha). Focuses solely on RD book; useful for those new to RD (Beginners).
Contact: outofthemudrdsangha@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=core-concepts-out-of-the-mud-intersangha-2
Meeting Type: Virtual, Beginners Meeting
Meeting Time: Thursday 5:00 PM 6:00 PM EDT

RD Virtual Recovery Dharma - English / Portuguese - LGBTQIAP+ and Allies Thursday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/85044619335
Zoom Meeting ID: 85044619335
60-minute meeting with introductory readings in English (translated on screen to Portuguese), and then shares will be either Portuguese or English, thats up to each sangha member individually.
Contact: eduardomhauer@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=recovery-dharma-english-portuguese-lgbtqiap-and-allies-5
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Thursday 5:00 PM 6:00 PM EDT

RD Virtual RD Halifax Online Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/407412989
Zoom Meeting ID: 407412989
Recovery Meditation @ Halifax, Nova Scotia. Canada.
Contact: Lambe@dal.ca
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=recovery-meditation-halifax-nova-scotia-canada
Meeting Type: Virtual
Meeting Time: Thursday 6:00 PM 7:00 PM EDT

RD Virtual Holyoke RD / American Sign Language (ASL) Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/85469668749
Zoom Meeting ID: 85469668749

Zoom Meeting Password: waiting room
Contact: Mary Kate Farley, marykatefarley@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=holyoke-rd-asl-2
Meeting Type: Virtual, Sign Language
Meeting Time: Thursday 6:30 PM 7:30 PM EDT

RD Virtual RD Ann Arbor - Zen Buddhist Temple Meeting Online Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/85106225103?pwd=c29SWXh3aW8rOGswQzBTb28xSFpTQT09
Zoom Meeting ID: 85106225103
Zoom Meeting Password: 903840
Contact: ljitianu@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-ann-arbor-zen-buddhist-temple-meeting
Meeting Type: Virtual
Meeting Time: Thursday 7:00 PM 8:00 PM EDT

RD Virtual - Wise Effort Group (HealthCare Professions) Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/82646596515?pwd=Z0FRdktUbEtza0NlUHJEd1JEUWRWQT09
Zoom Meeting ID: 82646596515
Zoom Meeting Password: 0001
Wise Effort Group (HealthCare Professions). For those with Recovery-Related Livelihood. (Peer workers, Social workers, Therapists, etc).
Contact: recerik@pm.me
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=wise-effort-group-healthcare-professions
Meeting Type: Virtual, Professionals Meeting
Meeting Time: Thursday 7:00 PM 8:00 PM EDT

RD Virtual RD South Florida (Miami) Online Sangha Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/7966607842
Zoom Meeting ID: 7966607842
Zoom Meeting Password: Waiting Room
RD SFL (Online Sangha). Meditation + Literature meeting.
Contact: Recoverydharmamiami@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-sfl-dharma-meditation-and-buddhist-literature-discussion
Meeting Type: Virtual
Meeting Time: Thursday 7:00 PM 8:00 PM EDT

RD Virtual RD - Anger Management in Sobriety Thursday Night
Nationwide

Zoom Meeting Link: http://zoom.us/j/87601539777?pwd=dHcrVDMzZHdkOXY0clBkQmZXcm4xUT09
Zoom Meeting ID: 87601539777
Zoom Meeting Password: 123456
RD - Anger Mgmt. in Sobriety Book Study: rotates between books: "Anger: Wisdom for Cooling The Flames" by Thích Ñht Hnh, Working With Anger by Thubten Chodron, and "Mindfulness for Anger Management" by Stephen Dansiger.
Contact: angermanagementinsobriety@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-anger-mgmt-in-sobriety-book-study-2
Meeting Type: Virtual
Meeting Time: Thursday 8:00 PM 9:00 PM EDT

RD Virtual RD Memphis Online Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/8844317384?pwd=c2daN1lQdXBoYkdSZ29EdjJRTFhmUT09
Zoom Meeting ID: 8844317384
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
Contact: recoverydharmamemphis@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-memphis-tn-2
Meeting Type: Virtual
Meeting Time: Thursday 8:00 PM 9:00 PM EDT

RD Virtual RD New Orleans Online Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/9368600097?pwd=OTZ2eU51WktHNitib0FoYzhXMy9Ddz09
Zoom Meeting ID: 9368600097
Zoom Meeting Password: 108
Contact: recoverydharmanola@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-new-orleans-la
Meeting Type: Virtual
Meeting Time: Thursday 8:00 PM 9:00 PM EDT

RD Virtual GEM RD Thursday Meeting (Trans and Nonbinary Community Only) Thursday Night
Nationwide
Zoom Meeting Link:
https://us02web.zoom.us/j/87841911412?pwd=YUZGUDZCbHRFVGFxelBhYTgzTWpUdz09#success
Zoom Meeting ID: 87841911412
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
This meeting is open to the trans and nonbinary community only.
Contact: rainbowrecoverydharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=gem-rd-thursday-meeting-trans-and-nonbinary-community-only
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Thursday 8:00 PM 9:15 PM EDT

RD Virtual RD East Bay Online Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/86868547825?pwd=QkZrSkpiT29OekZONHpUOUh5Uml3Zz09
Zoom Meeting ID: 86868547825
Zoom Meeting Password: 1234
Contact: borrowedspace@sbcglobal.net
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=kaiser-amrs-oakland-ca
Meeting Type: Virtual
Meeting Time: Thursday 8:30 PM 9:30 PM EDT

RD Virtual RDO Noble Inquiry - The Heart Practices Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-noble-inquiry-the-heart-practices
Meeting Type: Virtual
Meeting Time: Thursday 9:00 PM 10:00 PM EDT

RD Virtual (75 min) MENTAL HEALTH Online Meeting Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/83907413587
Zoom Meeting ID: 83907413587
Zoom Meeting Password: 1234
(75 min) MENTAL HEALTH Where Mental Health and Addiction Intersect With Love and Compassion. Business meeting 1st meeting of the month to be announced.
Contact: rddharmadale@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-mental-health-where-mental-health-and-addiction-intersect-with-love-and-compassion-2
Meeting Type: Virtual
Meeting Time: Thursday 9:00 PM 10:15 PM EDT

RD Virtual RD Bellingham Online Thursday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/81103098541
Zoom Meeting ID: 81103098541
RD Bellingham meeting. Inspirational readings, relaxing meditations, shares.
Contact: ravenc@outlook.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-bellingham-meeting-inspirational-readings-relaxing-meditations-shares
Meeting Type: Virtual
Meeting Time: Thursday 10:00 PM 11:00 PM EDT

RD Virtual RD Palm Desert Online Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/2058380123
Zoom Meeting ID: 2058380123
Contact: Eric Richard Anderson, ericrichard.anderson@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=palm-desert-thursday-ca
Meeting Type: Virtual
Meeting Time: Thursday 11:30 PM Friday 12:30 AM EDT

RD Virtual - Northstar RD - Daily Meeting Thursday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688
Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=northstar-rd-daily-meeting-5
Meeting Type: Virtual
Meeting Time: Thursday 11:00 PM Friday 12:15 AM EDT

FRIDAY

RD Virtual - West Coast Wind Down Friday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=friday&meeting=west-coast-wind-down-4

Meeting Type: Virtual
Meeting Time: Friday 1:00 AM 2:00 AM EDT

RD Virtual Many Wise Friends Friday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&weekday=friday&meeting=rdo-sitting-group-3
Meeting Type: Virtual
Meeting Time: Friday 7:00 AM 8:00 AM EDT

RD Virtual The Samatha Room (Chat & Silent Meditation - No Sharing) Friday Morning
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/6294541303?pwd=vTGGOz6CIJSxLox7yopAmZVZHxWVfM.1
Zoom Meeting ID: 6294541303
Zoom Meeting Password: 1234
Samatha refers to Meditation aimed at Calmness or tranquility. It is specifically focused on quieting the mind. Join us and achieve great states of calm and focus.
Contact: Mrlewoof@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=the-silent-room-silent-meditation-no-sharing-4
Meeting Type: Virtual
Meeting Time: Friday 8:00 AM 9:00 AM EDT

RD Virtual WOMEN / Non-Binary / Trans Friday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/88016331315
Zoom Meeting ID: 88016331315
WOMEN / Non-Binary / Trans. Book Meeting.
Contact: outreach@rdnyc.org
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=women-non-binary-trans-only-10
Meeting Type: Virtual, Womens Meeting
Meeting Time: Friday 8:00 AM 9:00 AM EDT

RD Virtual DnD Forgiveness Friday - Daily Non-Dukkha Friday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD Forgiveness Friday - Daily Non-Dukkha
Contact: jomamadharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=dnd-forgiveness-friday-daily-non-dukkha
Meeting Type: Virtual
Meeting Time: Friday 9:00 AM 10:00 AM EDT

RD Virtual Renunciation Rodeo Global Sangha Friday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
Recovery Dharma book + more. Meets Monday, Tuesday, Friday. International friends welcome. (Out of the Mud Intersangha).
Contact: outofthemudrdsangha@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=renunciation-rodeo-global-sangha

Meeting Type: Virtual
Meeting Time: Friday 12:00 PM 1:00 PM EDT

RD Virtual MEN / Non-Binary True Intimacy 3rd Precept (Love, Lust, Sex Dependency) Friday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/5553534554?pwd=SmU5MlVQM0lGQ3d6VXVzVW5MOEpiUT09
Zoom Meeting ID: 5553534554
Zoom Meeting Password: 1234
Contact: ehbrahamg@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=true-intimacy
Meeting Type: Virtual
Meeting Time: Friday 12:00 PM 1:00 PM EDT

RD Virtual RDO Book Study Friday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
RDO Book Study
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-book-study-2
Meeting Type: Virtual
Meeting Time: Friday 1:00 PM 2:00 PM EDT

RD Virtual Recovery Dharma - English / Portuguese - LGBTQIAP+ and Allies Friday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/85044619335
Zoom Meeting ID: 85044619335
This is a bilingual meeting in English and Portuguese for LGBTQIA+ folks and our allies. Shares can be in either English or Portuguese, depending on each sangha member.
Contact: rst.pablo@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=recovery-dharma-english-portuguese-lgbtqiap-and-allies
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Friday 5:00 PM 6:00 PM EDT

RD Virtual (75 min) MAT Therapy + Chronic Pain & Health Conditions Friday Afternoon
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/84306059029?pwd=ZE5FVFA4R1dPcnRUT2N4OStGU01zdz09
Zoom Meeting ID: 84306059029
Zoom Meeting Password: 358908
(75 min) MAT Therapy + Chronic Pain & Health Conditions RD Affinity Meeting. This meeting is for those in RD who are using medication assisted treatment as part of their path of recovery. Those with chronic pain and health conditions are

also welcome to attend.
Contact: Christine, christine@choosenamaste.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-mat-therapy-chronic-pain-health-conditions
Meeting Type: Virtual
Meeting Time: Friday 5:00 PM 6:15 PM EDT

RD Virtual RD Solace in Music Friday Afternoon
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/87862823371
Zoom Meeting ID: 87862823371
Moving Meditation, Tunes of Recovery, Regeneration and Inspiration, sharing and community!
Contact: astartemakesmusic@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-solace-in-music
Meeting Type: Virtual
Meeting Time: Friday 5:00 PM 6:15 PM EDT

RD Virtual Leesburg Recovery Dharma Online Friday Night
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/84196132772
Zoom Meeting ID: 84196132772
Zoom Meeting Password: #007646
All are welcome!
Contact: Jeannesjumps@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=leesburg-recovery-dharma-online
Meeting Type: Virtual
Meeting Time: Friday 5:30 PM 7:00 PM EDT

RD Virtual RD Fall River Online Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/82189025391?pwd=UG9iUTk1eEdseldPci90cWxiTUQ0dz09
Zoom Meeting ID: 82189025391
Zoom Meeting Password: 1234
Contact: ewf@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-fall-river
Meeting Type: Virtual
Meeting Time: Friday 6:30 PM 7:30 PM EDT

RD Virtual (90 min) RD Tampa Online (Extended 20+ Meditation Time) Friday Night
Nationwide
Zoom Meeting Link: Please contact TampaRecoveryDharma@gmail.com for Zoom link, Meeting ID, and password. Thank you!
(90 min) Tampa meeting with extended 20+ meditation time.
Contact: TampaRecoveryDharma@gmail.com

Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-tampa-meeting-with-extended-20-meditation-time
Meeting Type: Virtual
Meeting Time: Friday 6:30 PM 8:00 PM EDT

RD Virtual RD Chicago: Beginner's Meeting Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/267112892
Zoom Meeting ID: 267112892
Contact: recoverydharmachicago@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=beginners-meeting-rd-chicago-il
Meeting Type: Virtual, Beginners Meeting
Meeting Time: Friday 8:00 PM 9:00 PM EDT

RD Virtual RD Hummingbird Online Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/87940456475?pwd=dVhQVjFGK1J5RlJab3dGYi9UTUJrQT09
Zoom Meeting ID: 87940456475
Zoom Meeting Password: 856955
Contact: lmacy0622@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=hummingbird-meditation-discussion-group

Meeting Type: Virtual
Meeting Time: Friday 8:00 PM 9:00 PM EDT

RD Virtual (90 min) All Parts Welcome - Internal Family Systems-ish Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
(90 min) All Parts Are Welcome | RD meditative practice. Similar to "Internal-ish Famly-ish Systems-ish" but with different words! For example, "A part of me has a craving, a part of me wants to abstain, and another part feels guilty." (Out of the Mud Intersangha) Parts Work.
Contact: RdAllParts@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-all-parts-are-welcome-rd-meditative-practice
Meeting Type: Virtual
Meeting Time: Friday 8:00 PM 9:30 PM EDT

RD Virtual CeDAR RD Meeting Online Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/695483431

Zoom Meeting ID: 695483431
Zoom Meeting Password: 5280
Contact: Stephen, stephen@thezoetrope.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=cedar-rd-meeting-online
Meeting Type: Virtual
Meeting Time: Friday 8:30 PM 9:30 PM EDT

RD Virtual RDO Middle Way Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-middle-way
Meeting Type: Virtual
Meeting Time: Friday 9:00 PM 10:00 PM EDT

RD Virtual Friday Night Live! Mental Health RD - A Lotus in Bloom meeting Friday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/84033623729?pwd=JjT8wCmXYb7qJiBCOl7rbK7Tdbx3cU.1
Zoom Meeting ID: 84033623729
Zoom Meeting Password: 991368
Contact: Mykee, lotusinbloomrd@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=friday-night-live-mental-health-rd-a-lotus-in-bloom-meeting
Meeting Type: Virtual
Meeting Time: Friday 9:00 PM 10:15 PM EDT

RD Virtual - Santa Cruz Online Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/87898029584?pwd=NjN4YUYxWkk5bjFybDFHMnQzVGR0UT09
Zoom Meeting ID: 87898029584
Zoom Meeting Password: 123321
Contact: recoverydharmasc.facilitators@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-santa-cruz
Meeting Type: Virtual
Meeting Time: Friday 10:00 PM 11:00 PM EDT

RD Virtual RD Inland Empire, CA Online Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/176476138?pwd=SnZlNXFWYi95R2x0QnJ0Z2VHQTBKQT09
Zoom Meeting ID: 176476138
Zoom Meeting Password: 013345

Contact: galensemail@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=inland-empire-ca
Meeting Type: Virtual
Meeting Time: Friday 10:00 PM 11:00 PM EDT

RD Virtual - Northstar RD - Daily Meeting Friday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688
Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=northstar-rd-daily-meeting-6
Meeting Type: Virtual
Meeting Time: Friday 11:00 PM Saturday 12:15 AM EDT

RD Virtual Trancing in the Moonlight: Meditation, Mindful Movement, and Sharing Friday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/86387001800?pwd=IbT3cnDDELrl5TMF1pG5FWWf3LwYPK.1
Zoom Meeting ID: 86387001800
Zoom Meeting Password: moon
Contact: busyworkingmonster@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=trancing-in-the-moonlight-meditation-mindful-movement-and-sharing
Meeting Type: Virtual
Meeting Time: Friday 11:55 PM Saturday 12:55 AM EDT

SATURDAY

RD Virtual - West Coast Wind Down Saturday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=saturday&meeting=west-coast-wind-down-5
Meeting Type: Virtual
Meeting Time: Saturday 1:00 AM 2:00 AM EDT

RD Virtual RDO Sitting Group Saturday Morning

Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-sitting-group-4
Meeting Type: Virtual
Meeting Time: Saturday 9:00 AM 10:00 AM EDT

RD Virtual DnD The Heart Practices - Daily Non-Dukkha Saturday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD The Heart Practices - Daily Non-Dukkha
Contact: jomamadharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=dnd-the-heart-practices-daily-non-dukkha
Meeting Type: Virtual
Meeting Time: Saturday 9:00 AM 10:00 AM EDT

RD Virtual (75 min) RD CHRIS180 Online Saturday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/96761364572
Zoom Meeting ID: 96761364572
(75 min) CHRIS180 RD - previous in-person Sangha. Atlanta, GA. Currently *online only*.
Contact: Laura Bowman, laura.bowman@chris180.org
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-chris180-rd-previous-in-person-sangha
Meeting Type: Virtual
Meeting Time: Saturday 10:00 AM 11:15 AM EDT

RD Virtual RD BIPOC: Womxn & Non-Binary Women Saturday Morning
Nationwide
Zoom Meeting Link: (contact rdbipocwe@gmail.com for Zoom meeting details)
75-minute meeting open to Womxn, Transgender, and Non-Binary people who identify as BIPOC (Black, Indigenous, and People of Color). 2nd Saturday of the Month: Together we answer the Inquiry Questions listed in the Recovery Dharma book.
Contact: rdbipocwe@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-bipoc-we-womxns-meeting-bipoc-only-black-indigenous-people-of-color-2
Meeting Type: Virtual, Womens Meeting, BIPOC Meeting, LGBTQ Meeting, Inquiry Circle
Meeting Time: Saturday 10:30 AM 11:45 AM EDT

RD Virtual RD Cambridge / Somerville, Massachusetts Online Saturday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/500647503?pwd=TmRLUml4VGErK2pGWnV1SnhxYW5JUT09
Zoom Meeting ID: 500647503
Zoom Meeting Password: sangha
Contact: jayh3287@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=cambridge-somerville-rd-massachusetts-2

Meeting Type: Virtual
Meeting Time: Saturday 11:00 AM 12:00 PM EDT

RD Virtual RD Meditation Reading Discussion Saturday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/870753875
Zoom Meeting ID: 870753875
Contact: timetravelernormalspeed@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-meditation-reading-discussion
Meeting Type: Virtual
Meeting Time: Saturday 12:00 PM 1:00 PM EDT

RD Virtual (75 min) Metta-morphosis Saturday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/806131586?pwd=THJsd1Q4N3VWRHc1YlhSbkowbHFrdz09
Zoom Meeting ID: 806131586
Zoom Meeting Password: 123456
Contact: Scott Sundholm, scottsundholm@yahoo.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-metta-morphosis
Meeting Type: Virtual
Meeting Time: Saturday 12:00 PM 1:15 PM EDT

RD Virtual - Sonoma County Sangha Online Saturday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/4773976247
Zoom Meeting ID: 4773976247
Zoom Meeting Password: SRSangha
Contact: Michael Cofran, michaelcofran2205@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-sonoma-county-sangha
Meeting Type: Virtual
Meeting Time: Saturday 12:30 PM 1:30 PM EDT

RD Virtual RD Addiction & Mental Illness Support Saturday Afternoon
Nationwide
Zoom Meeting Link: (email rdmentalhealtheastbay@gmail.com for Zoom meeting details)
Please email for Zoom Info: rdmentalhealtheastbay@gmail.com. RD AMIS (Addiction & Mental Illness Support).

Contact: rdmentalhealtheastbay@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-amis-addiction-mental-illness-support
Meeting Type: Virtual
Meeting Time: Saturday 1:00 PM 2:00 PM EDT

RD Virtual RDO Turning the Wheel Saturday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-turning-the-wheel
Meeting Type: Virtual
Meeting Time: Saturday 3:00 PM 4:00 PM EDT

RD Virtual Recovery Dharma UK Saturday Afternoon
Nationwide
Zoom Meeting Link:
https://us06web.zoom.us/j/2329537257?pwd=pTxpi4Eebg7IPnYbTbydGVR7ZlziSs.1&omn=84565779013
Zoom Meeting ID: 2329537257
Zoom Meeting Password: 1234
Website: https://recoverydharma.org/meetings/?meeting=recovery-dharma-uk-2
Meeting Type: Virtual
Meeting Time: Saturday 4:00 PM 5:15 PM EDT

RD Virtual Saturday Sangha (Out of the Mud Intersangha) Saturday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
Contact: outofthemudrdsangha@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-out-of-the-mud-saturday-sangha-topics-per-week1buddha-week2intentions-week3dharma-week4sangha-out-of-the-mud-intersangha
Meeting Type: Virtual
Meeting Time: Saturday 5:00 PM 6:15 PM EDT

RD Virtual (75 min) Rainbow RD Saturday (open to LGBTQIA+ Only) Saturday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/89201748380?pwd=RnJnNG5IRVFJZldOS05Cb00rN0VEQT09
Zoom Meeting ID: 89201748380
Zoom Meeting Password: 1234
This is a meeting where we set aside time to work on inquiry questions and then share on those inquiry questions or on whatever is on our hearts and minds. This meeting is open to the LGBTQIA+ community only.

Contact: rainbowrecoverydharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-rainbow-rd-saturday-2
Meeting Type: Virtual, Inquiry Circle, LGBTQ Meeting
Meeting Time: Saturday 8:00 PM 9:15 PM EDT

RD Virtual Letting Go - A Recovery Dharma Meeting Saturday Night
Nationwide
Zoom Meeting Link: https://us05web.zoom.us/j/6294541303?pwd=vTGGOz6CIJSxLox7yopAmZVZHxWVfM.1
Zoom Meeting ID: 6294541303
Zoom Meeting Password: 1234
In this meeting we will do a Samatha meditation and have a deeper look at the Words of the Buddha. Join us in the contemplations of the Pali suttas and how they relate to your recovery.
Contact: Mrlewwof@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=letting-go-a-recovery-dharma-meeting
Meeting Type: Virtual
Meeting Time: Saturday 8:30 PM 9:30 PM EDT

RD Virtual (75 min) MEN / Non-Binary True Intimacy 3rd Precept (Love, Lust, Sex Dependency) Saturday Night
Nationwide
Zoom Meeting Link: https://www.zoom.us/j/5553534554
Zoom Meeting ID: 5553534554
Zoom Meeting Password: 1234
Contact: wolf_m26@yahoo.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-men-non-binary-true-intimacy-3rd-precept-love-lust-sex-dependency-2
Meeting Type: Virtual
Meeting Time: Saturday 9:15 PM 10:30 PM EDT

RD Virtual PDX - Virtual Meditation Sandwich Saturday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/975732688
Zoom Meeting ID: 975732688
Zoom Meeting Password: 123456
PDX - Virtual Meditation Sandwich (meeting opens and closes with meditation)- Portland, OR.
Contact: Jenny, jennytso789@gmail.com / pdxintersangha@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=pdx-virtual-meditation-sandwich
Meeting Type: Virtual
Meeting Time: Saturday 10:00 PM 11:00 PM EDT

RD Virtual - Northstar RD - Daily Meeting Saturday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688

Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=northstar-rd-daily-meeting-4
Meeting Type: Virtual
Meeting Time: Saturday 11:00 PM Sunday 12:15 AM EDT

RD Virtual Disco Dharma - Meditation, Mindful Movement, and Sharing Saturday Night
Nationwide
Zoom Meeting Link: https://us06web.zoom.us/j/81677406839?pwd=ydonlC9ODED7QM3VJMQrzKScESTa1N.1
Zoom Meeting ID: 81677406839
Zoom Meeting Password: disco
Contact: busyworkingmonster@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=disco-dharma-meditation-mindful-movement-and-sharing
Meeting Type: Virtual
Meeting Time: Saturday 11:55 PM Sunday 12:55 AM EDT

SUNDAY

RD Virtual - West Coast Wind Down Sunday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/8341051691
Zoom Meeting ID: 8341051691
Zoom Meeting Password: waiting room
Contact: westcoastwinddown@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&weekday=sunday&meeting=west-coast-wind-down-6
Meeting Type: Virtual
Meeting Time: Sunday 1:00 AM 2:00 AM EDT

RD Virtual DnD Silent Sit - Daily Non-Dukkha Sunday Morning
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/82541132140?pwd=YW4yb2hoUjBFUUU5VUJWN0Njell0QT09
Zoom Meeting ID: 82541132140
Zoom Meeting Password: 123456
DnD Silent Sit - Daily Non-Dukkha
Contact: jomamadharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=dnd-silent-sit-daily-non-dukkha
Meeting Type: Virtual
Meeting Time: Sunday 9:00 AM 10:00 AM EDT

RD Virtual RDO - Codependency Sunday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-codependency-2
Meeting Type: Virtual
Meeting Time: Sunday 10:00 AM 11:00 AM EDT

RD Virtual Sunday Awakening Online (Out of the Mud Intersangha) Sunday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
Zoom Meeting ID: 88372297809
Zoom Meeting Password: 1989
Sunday Awakening formerly was Dharma Delmarva. (Out of the Mud Intersangha).
Contact: outofthemudrdsangha@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=sunday-awakening-formerly-was-dharma-delmarva

Meeting Type: Virtual
Meeting Time: Sunday 10:00 AM 11:00 AM EDT

RD Virtual RD BIPOC: Under the Bodhi Tree Sunday Morning
Nationwide
Zoom Meeting Link: (contact rdbipocsunday@gmail.com for Zoom meeting details)
75-minute meeting open to individuals who identify as BIPOC (Black, Indigenous, and People of Color). 3rd Sunday of the Month: Speaker Meeting.
Contact: rdbipocsunday@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-bipoc-75-min-under-the-bodhi-tree-bipoc-only-black-indigenous-people-of-color-week3speaker-2
Meeting Type: Virtual, BIPOC Meeting
Meeting Time: Sunday 10:00 AM 11:15 AM EDT

RD Virtual RD - Rooted in Mindfulness Online Sunday Morning
Nationwide
Zoom Meeting Link: http://zoom.us/j/5973559972
Zoom Meeting ID: 5973559972
Zoom Meeting Password: Waiting room
Contact: recoverydharma@rootedinmindfulness.org
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-rd-rooted-in-mindfulness-rim-center
Meeting Type: Virtual
Meeting Time: Sunday 10:30 AM 12:00 PM EDT

RD Virtual - 3 Jewels Recovery: 2SLGBTQ+ and Allies Sunday Morning
Nationwide
Zoom Meeting Link: https://zoom.us/j/82418791040?pwd=RVVXbjRUT2VSdUd1M2pBMWNKbVlEZz09
Zoom Meeting ID: 82418791040
Zoom Meeting Password: 123456
RD 2SLGBTQ+ and allies based in Toronto, Canada
Contact: 3jewelsrecovery@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=rd-2slgbtq-and-allies-based-in-toronto-canada
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Sunday 11:00 AM 12:00 PM EDT

RD Virtual - WOMEN of RD (WORD-OS) Sunday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/2741220236?pwd=U2ptN3MrZ1BJaThXYmdPZE1nalQvdz09
Zoom Meeting ID: 2741220236
Zoom Meeting Password: 1234
Contact: womenofrd@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-women-of-rd-word-os-3
Meeting Type: Virtual, Womens Meeting
Meeting Time: Sunday 12:00 PM 1:00 PM EDT

RD Virtual RD PDX - Queer Paths (ONLINE) Sunday Afternoon
Nationwide
Zoom Meeting Link: https://zoom.us/j/91539782258?pwd=OXdHTkhDeWdhbVRJV09yV0I1MllMdz09
Zoom Meeting ID: 91539782258
Zoom Meeting Password: 123456
Contact: andrine23@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=pdx-queer-paths-portland-or-2
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Sunday 1:00 PM 2:00 PM EDT

RD Virtual (75 min) MENTAL HEALTH Online Meeting Sunday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/83907413587
Zoom Meeting ID: 83907413587
Zoom Meeting Password: 1234
(75 min) MENTAL HEALTH Where Mental Health and Addiction Intersect With Love and Compassion. Business meeting 1st meeting of the month to be announced.
Contact: rddharmadale@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-mental-health-where-mental-health-and-addiction-intersect-with-love-and-compassion

Meeting Type: Virtual
Meeting Time: Sunday 1:00 PM 2:15 PM EDT

RD Virtual RD Walnut Creek - Kaiser CDRP Online Sunday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/92931138058?pwd=cUgyelF2K0ZLQzNWbVByZE9UMXpxdz09
Zoom Meeting ID: 92931138058
Zoom Meeting Password: 1234
Contact: rcrdds1957@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=75-min-kaiser-cdrp-walnut-creek
Meeting Type: Virtual
Meeting Time: Sunday 1:00 PM 2:15 PM EDT

RD Virtual MEN / Non-Binary True Intimacy - 3rd Precept (Love, Lust, Sex Dependency) Sunday Afternoon
Nationwide
Zoom Meeting Link: https://www.zoom.us/j/5553534554
Zoom Meeting ID: 5553534554
Zoom Meeting Password: 1234
Contact: Steven, stevenkremers@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=men-non-binary-true-intimacy
Meeting Type: Virtual
Meeting Time: Sunday 2:00 PM 3:30 PM EDT

RD Virtual GEM RD Sunday Meeting (Trans and Nonbinary Community Only) Sunday Afternoon
Nationwide
Zoom Meeting Link:
https://us02web.zoom.us/j/83547789076?pwd=bHgxa0FGRzZaRksvTk9BRHFITUExZz09#success
Zoom Meeting ID: 83547789076
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
This meeting is open to the trans and nonbinary community only.
Contact: rainbowrecoverydharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=gem-rd-sunday-meeting-trans-and-nonbinary-community-only
Meeting Type: Virtual, LGBTQ Meeting
Meeting Time: Sunday 3:00 PM 4:30 PM EDT

RD Virtual (90 min) Women/NB Only Sunday Afternoon
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/89093303742
Zoom Meeting ID: 89093303742
Zoom Meeting Password: (Email drredstickwoman@gmail.com for passcode)
(90 min) Women/NB Only. MAT, Pain & Health Conditions & Allies. Welcome Red Stick Sangha. Email drredstickwoman@gmail.com for Zoom passcode.
Contact: drredstickwoman@gmail.com

Website: https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-women-nb-only
Meeting Type: Virtual, Womens Meeting, LGBTQ Meeting
Meeting Time: Sunday 4:00 PM 5:30 PM EDT

RD Virtual (90 min) Women/NB Only Sunday Afternoon
Nationwide
Zoom Meeting Link: https://us02web.zoom.us/j/89093303742
Zoom Meeting ID: 89093303742
Zoom Meeting Password: (Email drredstickwoman@gmail.com for passcode)
(90 min) Women/NB Only. MAT, Pain & Health Conditions & Allies. Welcome Red Stick Sangha. Email drredstickwoman@gmail.com for Zoom passcode.
Contact: drredstickwoman@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-women-nb-only
Meeting Type: Virtual, Womens Meeting, LGBTQ Meeting
Meeting Time: Sunday 4:00 PM 5:30 PM EDT

RD Virtual RD Asheville Sunday Online Sunday Afternoon
Nationwide
Zoom Meeting Link: http://zoom.us/j/192298810?pwd=SFNmQUIvT0tRaHlDaVYrN3l5bzJVQT09
Zoom Meeting ID: 192298810
Zoom Meeting Password: (using the link above to join the meeting will enter the password automatically)
Contact: recoverydharmaavl@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-asheville-sunday-online
Meeting Type: Virtual
Meeting Time: Sunday 5:30 PM 6:30 PM EDT

RD Virtual (90 min) Tampa Online Meeting with Extended Meditation Sunday Night
Nationwide
Zoom Meeting Link: Please contact TampaRecoveryDharma@gmail.com for Zoom link, Meeting ID, and password. Thank you!
(90 min) Tampa meeting with extended 20+ meditation time.
Contact: TampaRecoveryDharma@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=90-min-tampa-meeting-with-extended-20-meditation-time-2
Meeting Type: Virtual
Meeting Time: Sunday 6:30 PM 8:00 PM EDT

RD Virtual RD of Centre County Online Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/81254859396?pwd=UXkyekRHbGV0VFAvWktkWE5NQ2ZwZz09
Zoom Meeting ID: 81054859396
Zoom Meeting Password: 661942
Literature Discussion Meeting.

Contact: M. Augustin, m.augustin@me.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-of-centre-county
Meeting Type: Virtual
Meeting Time: Sunday 7:00 PM 8:00 PM EDT

RD Virtual RD Birmingham Online (Book Study) Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/4931920124
Zoom Meeting ID: 4931920124
Zoom Meeting Password: 032570
Birmingham, AL Book Study.
Contact: Randall Wesley Hall, randallwesleyhall@yahoo.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=birmingham-al
Meeting Type: Virtual
Meeting Time: Sunday 7:30 PM 8:30 PM EDT

RD Virtual RD Chicago Ravenswood Sangha Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/525044492
Zoom Meeting ID: 525044492
RD Chicago Ravenswood Sangha. Jewel Heart. Chicago, IL.
Contact: recoverydharmachicago@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-chicago-ravenswood-sangha
Meeting Type: Virtual
Meeting Time: Sunday 8:00 PM 9:00 PM EDT

RD Virtual RD Hummingbird Meditation & Discussion Group Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/84816798350?pwd=MjBvZExyaVZheHZkVlJYazViV1Z0UT09
Zoom Meeting ID: 84816798350
Zoom Meeting Password: 642085
Contact: gilesw32@gmail.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=hummingbird-meditation-discussion-group-2
Meeting Type: Virtual
Meeting Time: Sunday 8:00 PM 9:00 PM EDT

RD Virtual RDO - SPEAKER Meeting Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/5443375344?pwd=Z1RoNUNMVU9PeW9oRm45Z0N1MjRoUT09
Zoom Meeting ID: 5443375344
Zoom Meeting Password: 1234
Contact: recoverydharmaonline@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rdo-speaker-meeting-2

Meeting Type: Virtual
Meeting Time: Sunday 9:00 PM 10:00 PM EDT

RD Virtual Firefighters & First Responders - Out of the Darkness, Into the Light Sunday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/3528593518
Zoom Meeting ID: 3528593518
Zoom Meeting Password: 557184
Contact: bdharmarecovery@yahoo.com
Website:
https://recoverydharma.org/meetings/?region=online-only&meeting=firefighters-first-responders-out-of-the-darkness-into-the-light
Meeting Type: Virtual, First Responders Meeting
Meeting Time: Sunday 9:00 PM 10:00 PM EDT

RD Virtual RD Austin Online Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/876324124

Zoom Meeting ID: 876324124
Contact: recoverydharmaatx@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=rd-austin-tx
Meeting Type: Virtual
Meeting Time: Sunday 9:00 PM 10:00 PM EDT

RD Virtual RD Literature Study & Inquiry Discussion - Edmonton, Alberta, CAN Sunday Night
Nationwide
Zoom Meeting Link: https://us04web.zoom.us/j/73239070666?pwd=OLrVpkqTzXo4N7nrjF55eEihesim5W.1
Zoom Meeting ID: 73239070666
Zoom Meeting Password: 212121
RD Reading, Recovery Based Meditation. Inquiry Questions, Open Share In this group, we read from the text and discuss the inquiry questions as a group before ending with open sharing on anything related to our recovery. Format: - Opening Readings - Recovery Based Meditation - Reading from RD Book (The Four Noble Truths, The Eightfold Path, Community: Sangha, Recovery is Possible) - Inquiry Questions and Discussion - Open Sharing.
Contact: rdo.edmonton@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=literature-study-topic-discussion
Meeting Type: Virtual, Inquiry Circle
Meeting Time: Sunday 10:00 PM 11:00 PM EDT

RD Virtual PDX - Sangha Sauce Sandwich Sunday Night
Nationwide
Zoom Meeting Link: https://zoom.us/j/3902991538?pwd=MqlKXHh4dEO0JjmmToAmaaq3IG2Tbz
Zoom Meeting ID: 3902991538
Zoom Meeting Password: Sauce
This meeting seeks to increase our experience of community, given the challenges of our virtual, online reality. The format solicits a higher level of engagement in hopes of approaching a deeper level of Sangha. 2 hour sandwich meeting followed by an extended parking lot hang out (Food, drink, and crosstalk allowed.) Sangha Sauce Sandwich is served with a WhatsApp group on the side and pairs nicely with a mid-week Noble Inquiry group.
Contact: Shane, mosesshane313@gmail.com / Call/Text (209) 244-1617
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=pdx-virtual-meditation-sandwich
Meeting Type: Virtual
Meeting Time: Saturday 10:00 PM 11:00 PM EDT

RD Virtual - Northstar RD - Daily Meeting Sunday Night
Nationwide
Zoom Meeting Link: http://zoom.us/j/91681232688?pwd=Z0JYUms2Z2RMa1JBanlYd0xPSFU5UT09
Zoom Meeting ID: 91681232688
Zoom Meeting Password: 334157
Contact: northstar.recovery.dharma@gmail.com
Website: https://recoverydharma.org/meetings/?region=online-only&meeting=northstar-rd-daily-meeting
Meeting Type: Virtual
Meeting Time: Sunday 11:00 PM Monday 12:15 AM EDT

Phone Numbers

Website	recoverydharma.org
Email	info@recoverydharma.org

Program Information

Resources from The Florida Council on Compulsive Gambling, Inc

Eligibility	Adults: Eligible; Teens: Eligible; Females: Eligible; Males: Eligible;
Languages Offered	English, English
Payment Options	
Fees	Free
Application Process	
Documents Required	
Normal Wait Time	
Capacity	
Volunteer Opportunities	No

Coverage Areas

United States - Nationwide

Nationwide